

## When to refer out?

### Where to refer? Chiropractic? Radiologist? Physical Therapy?

We try to make that decision easy for you. **At Carolina Chiropractic we handle the above needs of your patient all in one place.**

If you are concerned about a neuromusculoskeletal problem we can provide an accurate diagnostic assessment, including doctor's examination, and X-rays are taken "in house" by a high frequency machine that reduces patient exposure by half, compared to standard single-phase X-ray machines. Chiropractic physicians are trained to make differential diagnoses and know when to refer back to you or seek specialist care whereas physical therapists in a sense, work under the license of the MD or provider who referred the patient for care, and are not diagnosticians. Recently a PT was fined for exceeding his scope of practice and for performing spinal manipulation which is the domain of chiropractic physicians.

With Dr. Gottlieb, you get the best of both worlds, because he is board certified as a licensed chiropractic physician and has received specialized training in rehabilitative techniques both while in Chiropractic College and from a year-long postgraduate education program.

*"Physiological Therapeutics" are an important part of my chiropractic practice, both as part of the early passive care and for the graduation to rehabilitative home care. I spend a lot of time with patients reviewing therapeutic exercises and emphasize their proper form.*

*Sometimes starting physical therapy exercises without the benefit of manipulation provided concurrently is counter-productive. The patients that are referred to me and have previously failed to respond to physical therapy usually had exercises applied to body parts that were lacking full range of motion or function. I usually provide a simple analogy for them. If your elbow joint can't open fully and you start to work on exercises then you get a strengthened, short range of movement lacking full function. Whereas if manipulation is implemented at the right time, full joint range of motion can be achieved and then you work on strengthening the full range of the joints.*

*Early intervention is especially important when it comes to injury to the spine such as with motor vehicle crashes. Early care can prevent long-term complications. The same is true of other joints like the foot and ankle sprain/strains. The sooner we get started the easier recovery goes, but there is still hope for subacute and chronic cases. I always tell patients, "you get one good chance to heal right," and if not, we will be working hard against scar tissue adhesions and dysfunctional movement patterns which are difficult to deal with, but still possible to help.*

Just as important as knowing who you can help is knowing who needs to be referred for another type of care. *This year I have helped patients find appropriate care for conditions including deep vein thrombosis of the calf, undiagnosed hypertension, fractures, cancer, infections, diabetes, fibroid tumors, endocrine disorders, lung collapse, and a variety of other conditions that were potentially life-threatening.*

This is the type of attention to detail your patients will get when referred to Carolina Chiropractic, Dr. Marc S. Gottlieb. We look forward to a reciprocal relationship with your office and have already enjoyed sharing patients in common.